

CREAMBROOK FARM

Augusta County, VA

SIZE

215 acres of transitioning farmland

FARMERS

Ben & Kristen Beichler



FARM VISION

To provide healthy, delicious dairy products to their community and to restore nutrients to the soil by rotationally grazing their cows on pasture.

ABOUT THE FARM

The Beichlers are a first/second generation farm family who run **Creambrook Farm**. They established their 100% grass-fed dairy farm in Virginia's Shenandoah Valley. The Beichlers work with local creameries that make yogurt, kefir, and cave-aged cheeses from their milk. They also sell raw milk through their farm's herd-share program.

FARMING PRACTICES

The farm includes 150 acres of rolling pasture and 70 acres for grain and hay production. The Beichlers use a rotational grazing system, where cows move daily to feed on fresh pasture and hay in winter. The cow manure and grass left over from the previous day feeds the soil biology and help improve the nutrient capacity and cycling in the soil.

Their cows are not fed any grains, GMO's, artificial hormones, and synthetic fertilizers are not used on the farm. As a result, their raw milk is packed with nutrients, omega 3's, and live enzymes. It is a complete food with protein, carb, and healthy fats.

HOW WE HELPED

Iroquois Valley purchased land for lease to the Beichlers in spring 2017. The Beichlers relocated from a dairy farm they were managing in Pennsylvania. They searched for farms in their home state where they could establish their own operation and found one near Kristen's parent's creamery. This purchase marked Iroquois Valley's first time supporting an entirely grass-fed dairy operation.

